

5 ДНЕЙ

Arnau Pérez



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5 дней is a scenic projection of nowadays velocity. The world and the society develops at a really fast speed and immediacy begins to be a priority. While some years ago you lasted days to travel, now you last hours; while you lasted weeks to contact people, now you last seconds. This seems to be an advance but at the same time it makes our life so accessible that it can saturate ourselves. Velocity has been increased so we can do lots of actions, but how many are really valuable?

This generates a big paradox because as we need less time to do an action, we can do more actions in less time, and we keep shorting this time. So we consume the action faster without even process or value it.

That makes that the invested time also happens faster. The fastest we go and develop, the less evidence and conscience to that, making the actions timed out.

Life is a really a busy and changing travel and it lasts less that what it seems. But within that brevity are we giving value to time?

The movement language of the creation and characteristically of Arnau's works is created by the mixture of a contemporary quality where the space and bodies relate closely, with an urban dance influence where rhythm is the principal approach. Also a declared physicality and a research for a natural presentation of each individuality.

Also important, and where I have emphasis in all my creations is the rhythm discourse, where the dynamics lead the attention and all the qualities highlight the relation onstage.

In my way of working it is really important to make the dancers feel engaged with the piece, so, it is created for the people they are and what they also have to say. In terms of movement I have developed a way to approach my language, so we both have to get together in movement development. But in terms of concept and composition it is also important for me to get them comfortable with something they are not used, but there is what them persona takes place.

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Structure of the piece

Dancers: 6

Duration: Around 35/40 minutes

Spaces: 2 levels hall and mainstage

Starting a first shorter action with the audience in the first level and dancers are downstairs:



And then moving to the mainstage by the site door:



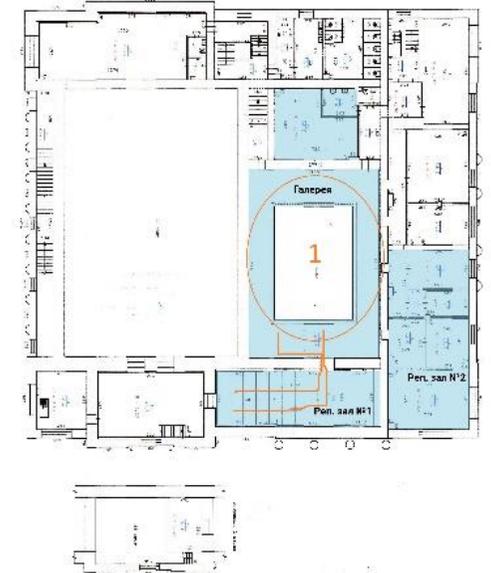
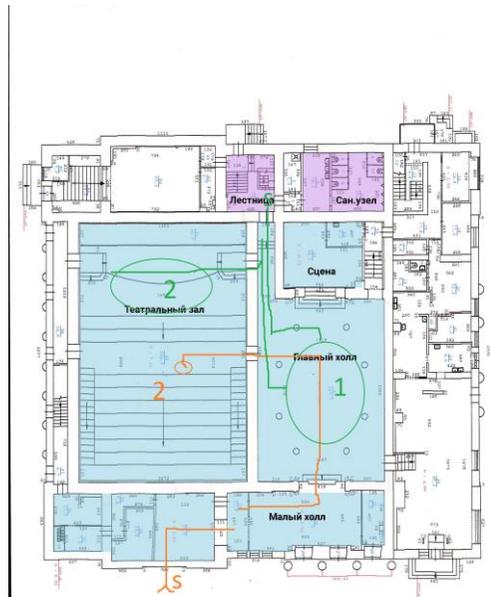
Collaborators

Direction and choreography: Arnau Pérez

Artistic assistant: Olympia Kotopoulos

Music (original composition): Toromecánico & Casasnovas

They are musicians that always work with me in every creation so we know each other greatly. The music it's meant to be a mix based on the idea of the company around the traditional and the modern. Electronic music and atmospheres mixed with original and folk Russian sound.



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5 days: meaning

The title has been based in a popular Spanish quote that says:

“Life is 5 days”

5 days is also a representing on the life of this space. 5 times it has been rebuilt, 5 times it has been the first something of the city and 5 is the number of people moving in a line of the piece (+1). (Scenic Concept)

The meaning of this quote is basically that we try to measure time. As two days is a specific measure of time, we decide how to invest and use it, but relativity makes that time seem to happen faster or slower. As we consume actions that fast, two days can seem nothing. This brevity is what should take us to seize and enjoy every moment of it.

At the end 5 days is a metaphor of life, but are we really relishing the timing of it?

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Physical reference

These three photos are a way of showing more visually or physically the development of the movement in 5 days. If you look 20 seconds at the three photos, you'll find the same scene or action. But at the same time in every photo either extended actions and shorter actions are taking place to give importance to the scene. At the end there is an important action that happens during that time, but so many others appear to but are they really being valuable in that time?

The same happens in the building being the center of this creation. It's not only about the life of the building but the people and actions that have taken place in there.



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The scenic concept

The dancers take the space in a really dynamic and moving scene where everything happens for a reason but not all reason take the same importance.

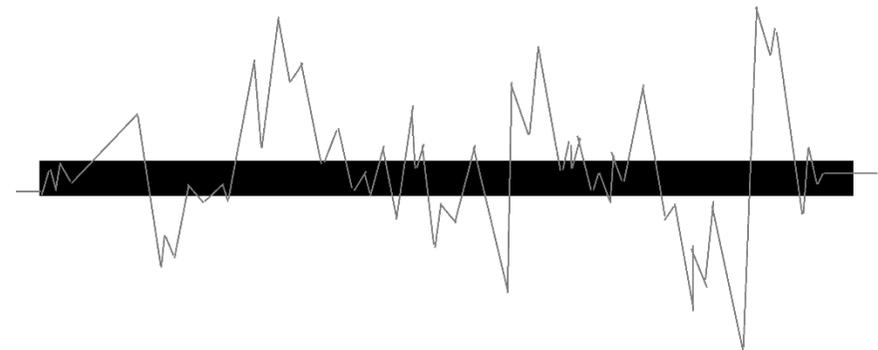
The piece is conceived in two main lines. There is an action with a beginning and an end happening during representation but with a really slow development. Beginning and end of the piece are flood by this presence, but while this is developing another layer of movement action takes presence and the scene becomes a dual. The idea is like two choreographies happening at the same time. While one line develops slowly, the main presence is concurred by a choreographic avalanche of movement and dynamics that occupies the space. These two lines in some moments match for making the scene coincidence in a going on action that gives meaning to the whole work.

This is a graphical structure that symbolize the development of the piece:

While there is a slow and really conscious development of one action with a clear quality and dynamic in the space, another development is happening with a faster changing and in a constant travelling. The verticality in the graphic is the amount of presence involved in the

action, and the horizontal is the time happening during the piece. Both scenes take place during the whole piece.

Just one dancer is moving the black one while the other 5 develop all the meaning and movement around it (gray).



■ Constant development

■ Changing development

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Chorographical movement

The chorographical idea travels around qualities and rhythm.

The two emphasis (really present in my works) are staged by dynamics and space, but understanding them in a together way. 5 days takes place onstage where relativity of time is increased but playable by the bodies movement. One of the big issues as a choreographer for me is how to set a clear meaning with the presence of structures that connect with the audience. That's why dynamics and space are so significant within the concept developed. It's also remarkable for me the understanding of the bodies as a way to create images and set rhythmical narrative. With that two elements the discourse or dramaturgy layers into a more palpable and enjoying way.

Black line: Fluidity and presence take the space in a thick density to make every movement weight on the space. More recognizable shapes and forms are created in the space to set a specific content developed between the bodies. The quality could minimally change to add dynamism to the scene but the work of this line is that the

chorographical composition will make it take the importance in the necessary moments.

Gray line: As the graphic can show, it is a really changing chorographical evolution. That is the main issue of this development. There is no set quality. Qualities develop by time to get special understandings and meanings to the scene. Choreographically there are more nuances that energize the action and gives dynamic to the scene.

In my way of working it is really important to make the dancers feel engaged with the piece, so, it is created for the people they are and what they also have to say. In terms of movement I have developed a way to approach my language, so we both have to get together in movement development. But in terms of concept and composition it is also important for me to get them comfortable with something they are not used, but there is what them persona takes place.

It is interesting also how the short and the long actions can match the same temporal space and how the movement of these actions start relations where this choreography establishes on the space and time.

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Previous works:

FRIDGE: 1 hour 5 dancers

<https://vimeo.com/619747806/45db53c7ed>

Young Blood -15 min trio

<https://vimeo.com/408987798/d84ec30d67>

(best choreography in 24Masdanza, jury, young critics and remarkable dancer in 32 Certamen Coreografico de Madrid).

Young Blood: Matter of Time -50 min trio

<https://vimeo.com/375775233> Password: YBMOT

More here:

<https://vimeo.com/user85062905>